



MORRISON HEALTHCARE

In the Community!

On Thursday April 23rd the Zellner CHS Regional team partnered with the FMG group at Carolinas HealthCare System to volunteer at the **Charlotte Family Housing** facility on the Plaza. Charlotte Family Housing (CFH) is a shelter-to-housing empowerment program for working, homeless families. The overall goal is not to help a family for a little while, but to change the lives of every family they serve. This facility is home to more than 30 people from ages 2-49. CFH helps the families in need by doing these three things:

Housing Families: CFH addresses the immediate need of homelessness by sheltering working, homeless families and help them forge a path back to housing, along with providing short-term rental assistance in apartments and homes all around the community.

Building Partnerships: CFH partners with families in the areas of financial self-reliance, careers, education, support networks, and health and wellness, and volunteers form intentional relationships of encouragement and support.

Empowering Change: CFH offers matched savings accounts, microloans for qualified emergencies and below-market rate auto loans, and a holiday store where families budget for and purchase gifts for a portion of the price, in order to preserve dignity and self-esteem, increase personal accountability, and decrease dependency.

While the staff members are focused on these items and teaching families to become self-sufficient often times things like cleaning, yard work, repairs and a well-balanced meal do not get the attention they may need. It was our pleasure to provide these things to the facility. While cleaning we discovered broken glass covering the playground, unattended garden beds, loose cabinets inside the kitchen, and potential hazardous broken limbs and branches throughout the yard and patio areas. Also, several family members thanked us for providing a well-balanced meal because most of the time all of their meals are rushed and not the healthiest options. The meal we provided was baked ziti, salad and chocolate chip cookies.

Overall it was an event filled with hard work, fun and the dedication of the Zellner CHS group who extended their helping hands to the community.